



Family Based Services

Is your family experiencing emotional turmoil? Are you dealing with high levels of stress in your home? Let us support your family as you work toward a connected and calm home.

THRIVE
with Connection
& Support



Creative
HEALTH SERVICES

Contact Us: 610-948-6490 Fax: 610-474-0201

www.creativehs.org

Family Based Services

One of the highest priorities in our lives is our family. We want our home to be a safe haven where we express love, feel connected, support one another and simply enjoy life together. When things are out of balance at home, all areas of life are affected.

When a child or adolescent experiences deep emotional distress or suffers from a serious mental illness, Family Based Services focus on strengthening and maintaining the family unit during this challenging time. The primary goals of our team delivered Family Based Services are to:

- Reduce overall stress in the home to lessen the frequency and intensity of conflict between parent and child;
- Strengthen parenting skills;
- Advocate for the child and family in educational and community settings;
- Link the family to community resources, services & supports; and
- Prevent out of home placements.

Services that promote both individual growth and family cohesiveness are delivered in the home at convenient times for the family. Improved family communication and coping skills allow parents/guardians to maintain their role as the primary caregiver for their child/adolescent. This is accomplished by supporting families with strategies and encouragement as they care for their child/adolescent experiencing emotional difficulties.

*Eligibility for **Family Based** Services:* Children and adolescents, up to and including 20 years of age, may be referred by family members, school personnel, primary care and/or behavioral healthcare providers. Children must reside in Montgomery, Chester or Eastern Berks County and be eligible for Medical Assistance.

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