



HealthConnections

Do you suffer from major depression, bipolar disorder, PTSD, or schizophrenia? Is one of your goals to improve your overall health and wellness? Working together, we can help you make choices toward a longer, healthier and happier life.

**THRIVE
with Connection
& Support**



Creative
HEALTH SERVICES

Contact Us: 610-326-9250 Fax: 610-705-8949

www.creativehs.org

HealthConnections

At Creative Health Services, our HealthConnections' Wellness Recovery Team provides integrated healthcare management when you need additional support incorporating your physical and behavioral healthcare needs. Reflecting our strong commitment to your wellbeing, our team will collaborate with you and your healthcare providers to design a plan that will sustain your overall health and wellness.

Our Integrated Treatment Team will work with you and your healthcare providers to:

- Understand you and your unique needs;
- Manage chronic illnesses;
- Target controllable lifestyle factors such as smoking, obesity, nutrition and exercise;
- Create smoother hospital discharge transitions;
- Facilitate increased communication among medical providers;
- Coordinate with physicians and pharmacies to address medication concerns; and
- Collaborate with insurance plans to facilitate increased access to care.

Members receive:

- Personalized wellness plans;
- Weekly Wellness Groups;
- Regular appointments for assessment and monitoring of significant healthcare indicators such as weight, blood pressure, cholesterol and blood sugars;
- Consistent communication with your primary care physicians, specialists and behavioral health providers;
- Assistance and support during medical appointments, as needed.

Eligibility for HealthConnections: Adults, 18 years and older, with a serious mental illness and have or are at risk for a chronic disease/health condition residing in Montgomery County and receiving Medical Assistance through Magellan Behavioral Health may be eligible for services. You may be referred by a family member, behavioral or medical health provider, or you may be self-referred.

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