



# Children's Outpatient Program of Empowerment

COPE

Our youth and family programs at Creative Health Services promote hope and healing for children, teens & their families experiencing depression, anxiety, trauma, behavior issues or family relationship difficulties.

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HEALTH SERVICES

**Contact Us: 610-326-7734 or [info@creativehs.org](mailto:info@creativehs.org)**

**[www.creativehs.org](http://www.creativehs.org)**

# Children's Outpatient Program of Empowerment

## COPE

Children's Outpatient Program of Empowerment (COPE) reaches out to children experiencing behavioral health concerns, so they may remain in their home. Working toward positive changes in behaviors and relationships alongside achieving and maintaining academic progress is the desired outcome. When a child is unable to overcome difficult patterns of behavior, COPE staff supports that child in learning healthy ways of thinking and interacting. We explore the strengths and needs of each unique child while providing an opportunity to learn and practice new skills with other children in a group setting. Medication needs are managed by our psychiatrists, in collaboration with primary caregivers and COPE staff.

COPE offers a safe, stable and consistent classroom-like setting with the goal of equipping each child to participate successfully in school and life. We will explore strategies and solutions for developing:

- Coping Skills,
- Anger Management,
- Stress Management,
- Relationship Skills,
- Self-Esteem & Problem Solving
- Communication Skills for use in the educational system, so both the parent and child can be assured of the best classroom experience possible.

Collaboration between your child's school and COPE staff allows for the coordination of behavioral and academic expectations in keeping with appropriate instructional levels.

### **COPE Day Program:**

#### **Monday – Friday, 8:30 AM to 2 PM**

The child who is unable to remain in school due to behavioral health difficulties will benefit from this intervention. COPE staff can provide treatment to equip your child with the skills necessary to transition back to the classroom smoothly and engage with others in healthier ways.

### **COPE After School Program:**

#### **Monday – Thursday, 3 PM to 7 PM**

This program is structured for the child who continues to attend school, but is experiencing significant behavioral health issues. Therapy will include new strategies and skills designed to cultivate more positive home and classroom interactions.

### **COPE Summer Program:**

#### **Monday – Friday, 8:30 AM to 2 PM**

Daily support and reinforcement during the summer months is provided for the child with serious behavioral health concerns. Difficult patterns of behavior can be overcome by addressing the needs of the child in a holistic and positive group setting. Breakfast & lunch are provided by the Borough of Pottstown Department of Parks and Recreation.

*Eligibility for COPE:* Children 5 to 13 years of age can be referred by your family, school, behavioral health provider or a social service agency. Children must reside in Montgomery County and be eligible for Medical Assistance. Transportation is available through TransNet for those who qualify.

**Please contact us to inquire about  
registration: 610-326-7734**



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929 Willow Street, Pottstown, PA 19464